

YOUR GUIDE TO THE
**NEIGHBORHOOD
CLINICS**



These installations continue Brooklyn's legacy of self-determination by allowing each featured artist to define "healing" in terms of their own culture and practice.

FEATURED ARTISTS

Baba Neil Clarke



Neil Clarke is a master percussionist of legendary status. Born and raised in Bedford-Stuyvestant in the spring of 1951, Clarke is internationally acclaimed as a percussionist who has been involved with traditional African drumming and the percussive arts for more than half a century. Neil Clarke has made it his mission to continue the pioneering work of his mentors and trainers. In honor of the collective of elders who played a pivotal role in bringing African cultural traditions to North America, South America, and the Caribbean in the late 1950's and early 1960's, Neil Clarke has helped keep those traditions alive.

Nate Martinez



Nate Martinez is a musician, producer, and sound artist. Martinez explores how sound can dramatically shift our perspective, raise our consciousness, and even help us heal ourselves. Martinez has studied shamanism, intuitive healing, and Yi Jin Jing and earned a sound practitioner certification through the Open Center. Martinez began NTM Sound in 2014, offering sound therapy treatments to individuals and sound baths for the community. Martinez has started programs at the Brooklyn Zen Center, Sky Ting, and wellness initiatives at companies. Currently, he facilitates virtual workshops and sound baths for individuals, groups, and organizations.

Connecting sound – both traditional and non-traditional – to yourself and surroundings can be healing.

What can you do to contribute to the wellness of your neighborhood?

Identifying tradition-bearers in your community. Who are they? What do they practice? Familiarize yourself with their work.



Identify your own traditions. Which ones exist in your home, workplace, friendships, or social networks?

Go on walks in your neighborhood and listen to your surroundings. What does each block sound like? What is the soundscape of your community?



For more resources on how traditional arts can heal Brooklyn communities, visit our website at brooklynartscouncil.org

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The second installation at the Weeksville Heritage Center included intergenerational and interactive modes of connectedness.

FEATURED ARTISTS

Ifetayo Cultural Arts Academy



Ifetayo offers African-centered, multi-disciplinary arts, cultural education, and wrap-around support for the whole family. They offer classes and workshops that are free or priced affordably to ensure access for all.

Ifetayo offers six major programs serving over 2,000 students and their families annually. Each student's talents are celebrated to provide an enriching learning experience. Our programs are carefully designed to promote self-awareness and inner growth, knowledge of African culture, the meaning of community and the importance of respecting, and loving one another.

Brujas of Brooklyn



Brujas of Brooklyn are Afro-Dominican identical twins, born and raised in Brooklyn. The Brujas connect spiritual practices of their Afro-Dominican heritage to Kundalini breathwork, chanting, and movement exercise. They open a window for deeper and personalized engagement with the Kundalini by contextualizing their pathway to practice with music, culture of their Brooklyn upbringing, and Dominican heritage.

Healing is
intergenerational
connection.

What can you do to
contribute to the wellness of
your neighborhood?

Prepare a
meal together



Ask someone of another generation
questions about what community
means to them.

You could even record an interview to
turn into a home podcast or video.

- Compare new and old
photographs and images.
- Visit a community garden.
- Create a new tradition.



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NEIGHBORHOOD CLINIC HEALING INSTALLATIONS

The second installation at the Weeksville Heritage Center included intergenerational and interactive modes of connectedness through:

A conversation with Ifetayo IWA, Council of Elders, and the Ifetayo Youth Ensemble discussing topics such as: What hurts? What helps? Healing through sharing and hearing.

The Legacy and Symbology of the Ring Shout presentation + Community Ringshout led by Dr. Angela Fatou Gittens.



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In support of Brooklyn traditional communities, BAC lists

Local Mutual Aid

Bed-Stuy Strong:
bedstuystrong.com
Instagram: @bedstuystrong

Bushwick Ayuda Mutua:
bushwickayudamutua.com
Instagram: @bushwickayudamutua

Bedford Stuyvesant Preservation Coalition:
preservebedstuy.org
Instagram: @preservebedstuy

Crown Heights Mutual Aid:
crownheightsmutualaid.com
Instagram: @crownheightsaid

East Brooklyn Mutual Aid:
campsite.bio/eastbrooklynmutualaid
Instagram: eastbrooklynmutualaid

Volunteers are paired with neighbors who need help.



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Blogs, Podcasts and more, Online Now

EXPLORE + LEARN!



- A mix of live music, digital arts, and impactful community healing spaces open to all Brooklyn neighborhoods.
- The events will have a number of popular local musicians like Zane Rodulfo, Vong Pak, Samir Langus, Aeilushi Mistry, and Martin Vejarano.

WELLNESS FESTIVAL Coming in June 2022

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